

# Newark Day News Letter



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## This Month

NDNCC Closed: Feb 20<sup>th</sup>

Downes and Westpark Closed: Feb 13<sup>th</sup> and Feb 20<sup>th</sup>

Charter Closed: Feb 17<sup>th</sup> and Feb 20<sup>th</sup>

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## General Reminders

- Our hours are 7:00am- 5:30pm! If you are running late please call and notify the front desk!!
  - Children can NOT be sent in with food unless it is pre-arranged with a doctor's note (packed lunches for school are to be kept in backpacks)
  - **Summer Camp Enrollment Starting February 15<sup>th</sup>!!!**
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## Before Care Reminders

- For children to eat breakfast you must arrive before 7:40am
  - Downes and Westpark begin departing @ 7:45am (there are two bus trips to each school)
  - Charter bus arrives between 8am-8:25am
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## After Care Reminders

- SAC playground can be accessed through the back door of the SAC 4 classroom (children are often outside during pick up times)
  - Please communicate with your child's teacher if computer time is necessary for their school work
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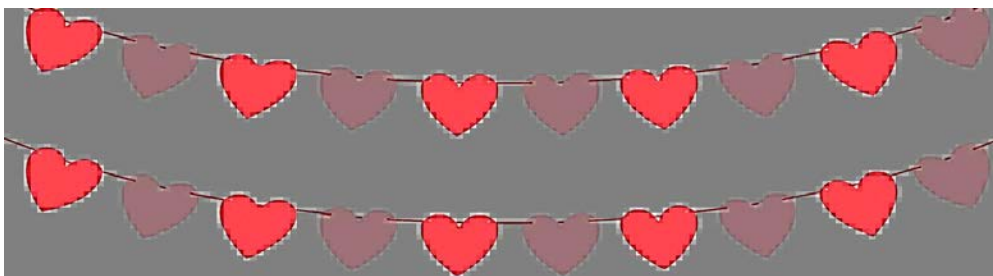
## ECE Reminders

- All children must arrive before 8:30am
- Please make sure your child's extra clothes are weather appropriate

Contact the program directors with any questions!

School Age Program Director-  
Jali Young  
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Early Childhood Program  
Director-  
Maggie Tyndall-Roach  
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Here is a look back at our jam packed January!  
Looking forward to a fantastic February!

Infants



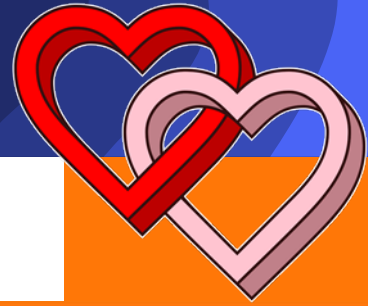
Tweenies



Toddlers



Suns



Moons



Stars





SAC 1



SAC 2



SAC 3



SAC 4



From Your Teachers

# Hello!



**We are thrilled to welcome four new babies to our NDNCC family!**

**Congratulations to the Britt family on the birth of their daughter Elayasia! Egypt will shower her with love!**

**Congratulations to the Oritz family on the birth of their twin girl's Paris & London!**

**Congratulations to the Crossan family as they welcome Bradyn, born on 1/24/23! Bryce will be a great big brother!**

**Love is always in the air when you have children. But, parenting is not for the faint of heart. It is a challenging job! Reinforcing the bonds with our children creates the foundations for healthy individuals and families. Here are some simple strategies to show your child how much you care-**

- Actively listen. Show your child that their thoughts and feelings are important to you. Use body language and eye contact and give your child your full attention. Take a break from your phone, iPad, and television and focus on the most dearly treasured person in your life – your child.**
- Have fun together. Life is filled with requirements and yes, it is important to teach our children to be responsible. But, let's make life fun! Play with your child. Be sure that you have unstructured time together. Be silly and creative. You will gain from that time too.**
- Hug your child more. Hug often, even hug your teenage child. Physical reassurance is needed by people of all ages. Sometimes words do not suffice when we are in distress, but your hug will speak a thousand words.**
- Support your child even when they slip. Children need to know that they are loved even when they make a mistake. Nobody is perfect. Help your child reflect on what happened and tell them that you are here to help.**
- Create special routines together. Sing a song while setting the table. Create a fun rhyme that you say first thing in the morning to start the day in a positive way. Bake cookies on Sundays. Routines are comforting for all of us and they can be fun.**
- Keep structure in your home. Children thrive on consistency. As much as possible, maintain the same bedtime, mealtime, wake-up time, homework schedule, and extra-curricular activities. Routine and stability in your child's life will make them feel secure and loved. They will experience less uncertainty and anxiety.**
- Understand that material things do not equate to love. We all like to have material items, but we want the love and affection of our loved ones, most of all. Children need your presence more than they want the toys that they beg you for.**

