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## CHIT CHAT Newsletter for Families of NDNCC

### March/April 2016



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Delaware Office of

Thank you to everyone who joined us for the The Children's Art Show & Annual Meeting on Feb. 25th! We had an amazing night filled with great food, entertainment, awards and an awesome art show!

## PARENTS IN ACTION

### Ages in Stages





Newark Day Nursery is now implementing the screening tool Ages and Stages (ASQ-3) into our Early Childhood Classrooms. ASQ-3 is a simple questionnaire for families to fill out that asks questions about what your child can and cannot do. Questionnaires can be accessed online using the URL https://acoonline.com/family/6fa6fa or a paper copy can be given to you from your child's teachers. Thank you for your participation and for allowing us to work with you on behalf of your children.

### Parent Outreach Program



Joanne Letwinch will be presenting a 'Parent Empowerment Session' from Read-a-loud Delaware about Language and Literacy Thursday, March 24 5:00-5:45pm to parents and guardians. The program is free and focuses on the importance of language and literacy in the early years of life. Parents/guardians will receive one book per child under the age of 7. Sign up at the front desk if you can make the session.

Head Start is also inviting parents/guardians to join a Parent Program Titled: 'Reading Readiness' on Tuesday, March 22, 2016 at 9:30am in the Multi-purpose Room at NDNCC. A sign-up sheet will be at the front desk if you can make the session.

### NDNCC on Facebook





Stay up-to-date with the latest news, closing information, announcements and fun trivia by subscribing to our Facebook page!

# IMPORTANT REMINDER

## Summer Camp Enrollment

Enrollment for Camp at NDNCC has begun! This year summer camp will run from Monday, June 13<sup>th</sup> until Thursday, August 25<sup>th.</sup> Contact Irene Bailey, Camp Enrollment Coordinator (ibailey@newarkdaynursery.org) or Dane Hutchinson, School Age Program Coordinator (dhutchinson@newarkdaynursery.org) for details.

## FAMILY RESOURCES



#### Coffee's Here!

Don't have time to make your morning coffee run?

We now have a coffee station available for families and staff! Our fully stocked station is equipped with a Keurig machine, assorted K-Cups, Lipton tea bags, stirrers, sugar, artificial sweetener, creamer, cups, lids, and napkins. Feel free to bring your own K-Cups, or brew hot water for a cup of tea or hot chocolate. The coffee station is located across the hall from the Front Desk in the Interview Room.

### **DID YOU KNOW?:**

Have you forgotten your car seat? No worries; we can lend you one! Stop by the Front Desk for more information.

# NEW ACTIVITIES

# Valentine's Day



Ms. Julia and Ms. Cat helped the Pre-Schoolers mail their very own Valentine's Day cards to their families!

# **Mother Goose**





Mother Goose will be visiting the ECE classes on the mornings of Thursday, March 24th and Friday, March 25th. Mother Goose Visits to child care centers are performed by volunteers who bring the nursery rhymes to life with their performances. This program is an enhancement to the Volunteer Reading Program of Read Aloud Delaware.

# **UD Music Classes**



Emma Harrington is the new UD music teacher for our ECE classes this semester. She is here on Wednesday and Thursday afternoons. The children enjoy learning about beats, rhythms, and patterns during this fun, interactive music class with Ms. Emma. The schedule is as follows: Wednesday: Pre-K : 2:00-3:00 & Preschool: 3:00-4:00 Thursday: Infants: 2:45-3:00 & Tweenie: 3:00-3:30 & Toddlers: 3:30-4:00

# **RECIPES KIDS CAN MAKE**



Here is a delicious and nutritious recipe you and the kids can make together!:

### **Chicken Enchilada Pasta Skillet**

#### Ingredients:

2 large Chicken Breasts, diced 1 lb. Rotini Pasta (For Gluten Free, use Brown Rice GF Noodles) 1 can Black Beans 6 oz. Tomato Paste 1 Bell Pepper, diced 2 cloves Garlic, minced 1/2 Onion, diced 1 cup Corn 1/4 cup Chili Powder 1 teaspoon Oregano

2 teaspoons Cumin 1/2 teaspoon Salt 2 tablespoons Butter 1 teaspoon Hot Sauce (or to taste) 4 cups Chicken Stock 1 cup Water

#### Directions

Melt butter in a large skillet or pot. Add diced onion and sauté until onion starts to caramelize.

Add garlic and chili powder. Stir for about a minute over medium heat until fragrant.

Add tomato paste, oregano and cumin. Stir until well combined. Slowly pour in water and chicken stock.

Add salt, hot sauce (I like Cholula Hot Sauce), diced bell pepper and chicken breasts. Bring to a simmer.

Add drained and rinsed black beans, corn, and uncooked rotini pasta. Stir until well combined. Return to a simmer, reduce heat to low and cover. Cook for 13 minutes or until pasta is tender.

Kids Warning: Note to parents: Never leave a child unattended in the kitchen. These recipes are appropriate for children of various ages. When a recipe calls for cooking on the stove or using a paring knife, an adult should do those activities and let the child assist, if age appropriate.

Recipe courtesy of Serena Bakes Simply from Scratch at http://www.serenabakessimplyfromscratch.com/2014/06/chicken-enchilada-pasta-skillet.html

## **CALENDAR OF EVENTS**

Early Child Ed. (ECE) Ongoing:

<u>Day</u>

M-R:Read Aloud DE One-on-One ReadingsTues:Mid-Atlantic Ballet (PS, PK)Wed:UD Music (PS, PK)Thurs:UD Music (Infants, Tweenies, Toddlers)Fri.:Chinese Culture Class (PS, PK)

### March:

4 NCS Closed

11 CSD Closed

25 - 31 NCS & CSD Closed (Spring Break)

### April:

1 NCS & CSD Closed (Spring Break cont'd.) 26 CSD Closed

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